



Nootka Wilderness Lodge

August 13, 2009

A Luxury Fishing Experience

Fantastic peak season dates still available:

- August 18 to 21—Max 4
- August 21 to 24

Limited availability. Call now to reserve. **250-850-1500**
www.fishnootka.com

HONEY MUSTARD SALMON STEAKS

Preparation time 5 minutes.
Broiling Time 10 minutes
Makes 2 servings

Ingredients

- 1 lime
- 2 tsp (10 ml) liquid honey
- 1 tsp (5 ml) Dijon or 1 tbsp (15 ml) honey mustard
- 2 serving-size salmon fillets or salmon steaks, about 1 inch (2.5 cm) thick

Preheat oven broiler or lightly oil grill and pre-heat barbecue to high. Finely grate peel from about half of lime. Stir peel with honey and mustard until blended. Brush both sides of fish, but not skin, with honey mixture. Cook salmon right away or refrigerate, uncovered, up to 2 hours. If broiling, line a baking sheet with foil for easy cleanup. Place salmon on an oiled rack, then set on baking sheet. Or lightly oil foil and place salmon directly on top. Broil about 4 inches (10 cm) from broiler element until sizzling, 5 minutes per side for salmon that is 1 inch (2.5 cm) thick. If barbecuing, place salmon on oiled grill. Barbecue 5 to 6 minutes per side. Squeeze a little juice from lime over hot salmon, if you like.

Fishing for the big springs this season continues to be absolutely spectacular! Virtually all guests are boasting at least one Tye in their limits of springs. Some guests have gone home with a full limit of Tye. Most seasoned fishermen will know that they can fish a lifetime without ever landing one of these giant salmon.

The Coho fishing has been a great bonus fishery, with Coho ranging in the 10-18 lb class. Light tackle Coho fishing is very exciting and some of our guests are releasing up to twenty Coho per day.

With endless sunshine and the best fishing on the coast, this season will go down in the fishing journals as the one to remember.



Giann & Gary after a great day on the water



Al & Derek with a huge 168 lb. Halibut



It was a good day for Dan Cracchiolo and friends.



Wow! Greg with an awesome fish.



Todd Lorber & friend with a pair of Tye.

Catch of the week!



Trish with her 43 lb Tye! What a catch.



NO, you are not seeing double—Trish with another 40+ Tye the next day!