



Nootka Wilderness Lodge

A LUXURY FISHING EXPERIENCE

Volume 1, Issue 1

July 22, 2009

Fantastic peak season dates still available:

- August 9 to 12—max 4 guests
- August 18 to 21
- August 21 to 24

Limited availability. Call now to reserve. If you don't see the dates that will work for you, give us a call and we will do our best to accommodate you at a different time.

250-850-1500



Larry & Wes Koop

Welcome to Nootka Wilderness Lodge's first in a series of bi-weekly updates on the fishing action here in Nootka Sound for 2009. We are in the midst of a tremendous salmon fishing season, and we felt that those who know us would enjoy following the progress of our 2009 season as it unfolds.

Looking back on our 2008 salmon season, we'll always think of it as the "year of the Tye salmon", with an average of one in three guests landing a Tye. It's a feat we believe was unmatched on the coast last year. For those of you who don't know, the Tye is a Chinook (King) salmon exceeding 30 lbs., and is considered the "holy grail" of salmon fishing.

Many anglers, even those who live here

on the coast, spend a lifetime of fishing in pursuit of a Tye and never achieve this lofty goal!

Amazingly, we are on pace to smash our 2008 record, with our first 57 anglers landing 39 Tye salmon! This is not to mention the tremendous numbers of Coho in the 5 to 15 lbs range, and scores of beautiful Chinook coming to our dock each day that don't quite exceed the 30lb mark.



Ron Labrecque with 41 lb Tye

Why the tremendous fishing this year? In speaking with Canada's Federal Fisheries Department, we've been told that the ocean conditions right now are a "once in a lifetime" phenomenon, with cold waters creating tremendous abundance of baitfish, resulting in high ocean survival and superb condition of the Chinook and Coho salmon.

We're elated about our 2009 fishing at Nootka Wilderness Lodge. It's the best we've seen in recent memory, and we wanted to spread the good news with our first in-season newsletter to give those who haven't yet made their fishing plans enough time to plan to visit us this season. Consider this a personal invitation from the Gage and Fyfe families, and all of us at Nootka Wilderness Lodge, to come and visit us in 2009. For those of you who are unable to commit for this year, we're already about 50% booked for our prime fishing dates for 2010. Please let us know as soon as possible if you are considering a trip to Nootka in 2009 or 2010. We take great pride in providing the fishing trip of a lifetime to each and every one of our guests.



CNS GROUP WITH AN AWESOME CATCH

Honey Mustard Basil Salmon

4 salmon steaks, about 1" (2.5 cm) thick 4
 2 Tbsp olive oil 25 mL
 2 Tbsp lemon juice 25 mL
 1 Tbsp honey dijon mustard (or 1 Tbsp/15 mL dijon 15 mL mustard mixed with 1 tsp/5 mL honey)
 2 garlic cloves, minced 2
 1/4 cup chopped fresh basil 50 mL
 Salt and freshly ground pepper, to taste

Place salmon steaks in shallow baking dish. In a small bowl, mix together olive oil, lemon juice, mustard and garlic. Stir in basil. Season with salt and pepper to taste. Spread mixture over steaks. Place on a plate, cover loosely and allow to marinate refrigerated for 1 hour. Bake at 375°F (190°C) for 12 minutes or until salmon just flakes when pressed with a fork.

Preparation time: 5 minutes (plus 1 hour refrigeration).

Cooking time: approx. 15 minutes.

Serves 4.

Catch of the Week!



Monica McLean caught this fantastic 44 lbs Tye. McLean family and friends with a Monica also caught 2 other Tye in the mid 30's nice day's catch of trophy Chinook